



## BARISTA COMPETITION COMPETITION DETAILS

### OBJECTIVE

Prepare espresso, cappuccino, based on classical recipes and one “signature coffee” with products out of the basket.

### TEAM & LANGUAGE

#### Language

It is compulsory that English (oral and written) is the language to be used in all the competition phases: briefings, work plan (written), communication with team mates and judges during the different tasks. Minimum level of English B1 (according to EQF).

#### Teams

Teams will consist of two students from different schools and countries and will be drawn by the jury.

It may happen that there is a team of three students in one of the following cases:

- The final number of candidates is unpaired;
- Disqualification of one of the competitors;
- Competitors last minute abandonment.

### DAY OF THE BRIEFING

- Competitors briefing & announcement of the teams by the Head Judge;
- **Writing test multiple choice questions and true or false 30 minutes**
- **Presentation of the basket ingredients.** During this time external contact is prohibited;
- After the presentation, each team starts to write down the recipe for their signature coffee including choice of glass / cup, preparation method, brief description and occasion at which it can be served. During this time external contact is prohibited;
- As soon as the recipe is completed it must be written on official templates and submitted to the Head Judge. It will then be signed by both the competitors and the Head Judge. The submitted recipe is final and may not be modified;
- Research is limited to students’ own textbooks and personal notes. No books will be supplied;
- Competitors will be allowed to familiarize themselves with the competition area;



## DAY OF THE COMPETITION

- The team must complete the following professional tasks:

### ***1. Preparing and serving 2 espresso coffees***

It has be served in traditional way.

The volume in the cup should be 30/40ml (18/20 gr weight)

Extraction time between 20-30 seconds

Coffee must not have any additives, flavorings, colorings, perfumes, aromatic substances, liquids, powders, etc.

All sensor judges must be served a full espresso. If the shot does not comply with the espresso definition, then taste and/or tactile scores will reflect the resulting sensory experience.

Espresso will be brewed on a machine with brewing temperature set to between 90.5-96 degrees Celsius (195-205 degrees Fahrenheit).

The espresso machine brewing pressure will be set between 8.5 and 9.5bars.

Extraction times will be given for “Extraction time” 20-30 seconds.

“Crema” should be present when espresso is served, with no break in coverage at minimum 2 mm. of consistence.

The” crema” is evaluated with the help of a teaspoon. If the “crema” quickly becomes liquid, it indicates that it is weak.

Espresso must be served in a vessel from which judges must be able to drink as required without any functional detriment to their ability to score accurately; this includes but is not exclusive to: vessel being too hot, unable to hold and drink from vessel safely, judges unable to execute espresso evaluation protocol. Otherwise a “no” will be given for “Functional and correct espresso vessel used.”

Espresso must be served to the judges with an appropriate spoon, napkin and unflavored water; otherwise the competitor will receive a reduced score in "Attention to detail.”

Nothing other than ground coffee and water may be placed in the portafilters, otherwise the espresso will receive zero points on all scores available on the technical and sensory score sheets in the espresso category.

The judges evaluate the appearance the performance the technique and gestures (fluid, harmonious) of the candidate.

The judges will evaluate the harmony, the bitter balance, the acidity and the sweetness of the espresso due exclusively to the right dosage, pressure and time of extraction.



## 2. *Preparing and serving 2 cappuccino*

Served in traditional way in a cup volume (150/170 ml or 120 gr weight)

A cappuccino is a combination of one single shot of espresso (per the definition of espresso) and steamed cow's milk that should produce a harmonious balance of rich, sweet milk and espresso, and is less than 170 ml in volume.(or120 gr)

The espresso must be made with the same rules and it will be evaluated with the same rules.

Cappuccino may be served with latte art or with a central circle of white milk. Latte art expression may take any pattern the competitor chooses.

It must have a temperature between 55°/65°.

The cup has to be filled up to the edge.

The judges will evaluate the remanence of the milk in the steaming pitcher which should not exceed 1 cm.

0 cm receives the highest marks.

The colors, the brightness of the surface are evaluated.

The foam must have a thickness of 1.5 cm with micro bubbles.

Cappuccino must be served in a **cup** from which judges must be able to drink as required without any functional detriment to their ability to score accurately; this includes but is not exclusive to: vessel being too hot, unable to hold and drink from vessel safely. Otherwise a “no” will be given for “Functional vessel used.”

Additional toppings, including sugar, spices or powdered flavorings are not allowed. If used, the competitor will receive zero points in the “Taste balance” category.

Cappuccino must be served to the judges with a napkin and unflavored water, otherwise the competitor will receive a reduced score in “Attention to detail.”

Nothing other than ground coffee and water may be placed in the portafilters, otherwise the milk beverage will receive zero points on all scores available on the technical and sensory score sheets in the milk beverage category.

The judges evaluate the appearance the performance the technique and gestures (fluid, harmonious) of the candidate.



### 3. Preparing and serving 2 signature beverage (coffee)

Served hot or cold in a cup or glass by choice;

The espresso must be made with the same rules and it will be evaluated with the same rules.

You can use a maximum of 7 (seven) ingredients and all decorations and ornamental elements must be edible;

A signature beverage demonstrates a competitor's creativity and skill to create an appealing and individual espresso- focused beverage.

The signature beverage should be a liquid beverage; the judges must be able to drink it.

Each of the two signature beverage must contain a minimum of one espresso shot

(per the definition of espresso in (3cl) otherwise the competitor will receive a score of zero points for "Taste balance" on the sensory score sheets in the signature beverage category for that corresponding beverage.

Espresso used in the signature beverage must be prepared during the competitor's performance time, otherwise the competitor will receive a score of zero for "Taste balance" on the sensory score sheets in the signature beverage category.

A predominant taste of espresso must be present; otherwise the "Taste balance" score will reflect the resulting sensory experience.

The signature beverage may be served at any consumable temperature.

Any ingredients from the basket may be used for the signature beverage.

Competitors cannot use ingredients different to those of the basket.

Signature beverage ingredients should be prepared and assembled on-site during the competition time.

The preparation of a signature beverage is captured in the "Well explained, introduced, and prepared" category on the sensory score sheet.

Nothing other than ground coffee and water may be placed in the porta filters, otherwise the signature beverage will receive zero points in all categories available on the technical and sensory score sheets in the signature beverage category.

## COMPETITION PROCEDURE

Each team will be assigned a start time and station number.

Each team will be given 30 minutes at their assigned station, made up of the following segments:

5 minutes Table Set Time

**20 minutes Competition Time**



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5 minutes Clean-Up Time

In case of overtime every second is calculated with a point deduction.

- One team member chooses his preparation of the espresso or cappuccino by random drawing, the other team member will get the second one.
- The signature coffee must be prepared as a team;
- Time table for each task will be provided and must be respected;
- Competitors must wear their full professional uniform;
- All equipment will be provided; you are not allowed to bring your own equipment.

#### IMPORTANT NOTES

- Teams will be assessed according to professionalism, work skills, social skills, interpersonal skills (teamwork) and the taste and quality of the different coffee drinks;
- During the composition of the signature coffee on the day of the briefing, team members check whether correct communication in English within the team is possible. If there is serious doubt, the team should report this to the Head Judge immediately. Complaints about language problems will not be accepted after submission of the recipes;
- The use of cell phones or any other electronic device is not allowed during the competition;
- All rules and regulations must be adhered including the General AEHT Competition Rules;
- The (Head) judge's decision is final.
- **I remind you all the participation to the masterclass is obligatory.**